



# **Creatine Kinase Microplate Assay Kit**

## **User Manual**

**Catalog # CAK1045**

(Version 1.4D)

Detection and Quantification of Creatine Kinase (CK) Activity in  
Serum, Plasma, Tissue extracts, Cell lysate, Cell culture media and  
Other biological fluids Samples.

**For research use only. Not for diagnostic or therapeutic procedures.**

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## I. INTRODUCTION

Creatine Kinase (CK), also known as phosphocreatine kinase, is an enzyme that catalyzes the transfer of one phosphate group from ATP to creatine generating phosphocreatine, an important energy reservoir in muscle and brain tissue. CK is a dimeric protein made up of B (brain) and M (muscle) subunits. Three isoenzymes, CK-MM, CK-MB, and CK-BB, have been observed. CK levels are elevated in various pathological conditions including myocardial infarction, rhabdomyolysis, muscular dystrophy, and renal failure.

Creatine Kinase Microplate Assay Kit provides a simple and direct procedure for measuring CK levels in a variety of samples such as blood, serum, and plasma. In this reaction, phosphocreatine and ADP are converted to creatine and ATP. The generated ATP is used by hexokinase to phosphorylate glucose resulting in glucose-6-phosphate, which is oxidized by NADP in the presence of glucose-6-phosphate dehydrogenase to produce NADPH and 6-phospho-D-gluconate, measured at 450 nm, proportionate to the CK activity present in the sample.

## II. KIT COMPONENTS

Component	Volume	Storage
96-Well Microplate	1 plate	
Assay Buffer	30 ml x 4	4 °C
Reaction Buffer	Powder x 1	4 °C
Substrate	Powder x 1	-20 °C
Enzyme	Powder x 1	-20 °C
Dye Reagent A	Powder x 1	4 °C
Dye Reagent B	1 ml x 1	4 °C
Standard	Powder x 1	-20 °C
Positive Control	Powder x 1	-20 °C
Plate Adhesive Strips	3 Strips	
Technical Manual	1 Manual	

### Note:

**Reaction Buffer:** add 5 ml distilled water to dissolve before use.

**Substrate:** add 3 ml distilled water to dissolve before use.

**Enzyme:** add 1 ml Assay Buffer to dissolve before use.

**Dye Reagent A:** add 9 ml distilled water to dissolve before use, mix, store at 4°C.

**Standard:** add 1 ml distilled water to dissolve before use; then add 0.3 ml into 0.7 ml distilled water, the concentration will be 600 µmol/L.

**Positive Control:** add 1 ml distilled water to dissolve before use, then add 0.5 ml into 0.5 ml distilled water. Store at -20 °C.

### III. MATERIALS REQUIRED BUT NOT PROVIDED

1. Microplate reader to read absorbance at 450 nm
2. Distilled water
3. Pipettor, multi-channel pipettor
4. Pipette tips
5. Mortar
6. Centrifuge
7. Timer
8. Ice

### IV. SAMPLE PREPARATION

1. For cell and bacteria samples

Collect cell or bacteria into centrifuge tube, discard the supernatant after centrifugation, add 1 ml Assay buffer for  $5 \times 10^6$  cell or bacteria, sonicate (with power 20%, sonicate 3s, interval 10s, repeat 30 times); centrifuged at 10000g 4 °C for 15 minutes, take the supernatant into a new centrifuge tube and keep it on ice for detection.

2. For tissue samples

Weigh out 0.1 g tissue, homogenize with 1 ml Assay buffer on ice, centrifuged at 10000g 4 °C for 15 minutes, take the supernatant into a new centrifuge tube and keep it on ice for detection.

3. For serum or plasma samples

Detect directly.

## V. ASSAY PROCEDURE

Warm the Reaction Buffer, Substrate to room temperature before use.

Add following reagents in the microplate:

Reagent	Sample	Control	Standard	Blank	Positive Control
Reaction Buffer	50 $\mu$ l	50 $\mu$ l	--	--	50 $\mu$ l
Substrate	30 $\mu$ l	30 $\mu$ l	--	--	30 $\mu$ l
Enzyme	10 $\mu$ l	10 $\mu$ l	--	--	10 $\mu$ l
Sample	10 $\mu$ l	--	--	--	--
Distilled water	--	10 $\mu$ l	--	100 $\mu$ l	--
Positive Control	--	--	--	--	10 $\mu$ l
Standard	--	--	100 $\mu$ l	--	--
Mix.					
Dye Reagent A	90 $\mu$ l	90 $\mu$ l	90 $\mu$ l	90 $\mu$ l	90 $\mu$ l
Dye Reagent B	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l
Mix, incubate at room temperature for 5 minutes, record absorbance measured at 450 nm.					

### Note:

- 1) Perform 2-fold serial dilutions of the top standards to make the standard curve.
- 2) For unknown samples, we recommend doing a pilot experiment & testing several doses to ensure the readings are within the standard curve range. If the enzyme activity is lower, please add more sample into the reaction system; or increase the reaction time; if the enzyme activity is higher, please dilute the sample, or decrease the reaction time.
- 3) Reagents must be added step by step, can not be mixed and added together.

## VI. CALCULATION

**Unit Definition:** One unit of CK activity is defined as the enzyme produce 1  $\mu\text{mol}$  NADPH per minute.

1. According to the protein concentration of sample

$$\begin{aligned} \text{CK (U/mg)} &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / (V_{\text{Sample}} \\ &\quad \times C_{\text{Protein}}) / T \\ &= 1.2 \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / C_{\text{Protein}} \end{aligned}$$

2. According to the weight of sample

$$\begin{aligned} \text{CK (U/g)} &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / (V_{\text{Sample}} \times \\ &\quad W / V_{\text{Assay}}) / T \\ &= 1.2 \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / W \end{aligned}$$

3. According to the quantity of cells or bacteria

$$\begin{aligned} \text{CK (U}/10^4) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / (V_{\text{Sample}} \times \\ &\quad N / V_{\text{Assay}}) / T \\ &= 1.2 \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / N \end{aligned}$$

4. According to the volume of serum or plasma

$$\begin{aligned} \text{CK (U/ml)} &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / V_{\text{Sample}} / T \\ &= 1.2 \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \end{aligned}$$

$C_{\text{Standard}}$ : the standard concentration, 600  $\mu\text{mol/L}$  = 0.6  $\mu\text{mol/ml}$ ;

$V_{\text{Standard}}$ : the volume of standard, 100  $\mu\text{l}$  = 0.1 ml;

$C_{\text{Protein}}$ : the protein concentration, mg/ml;

W: the weight of sample, g;

N: the quantity of cell or bacteria,  $N \times 10^4$ ;

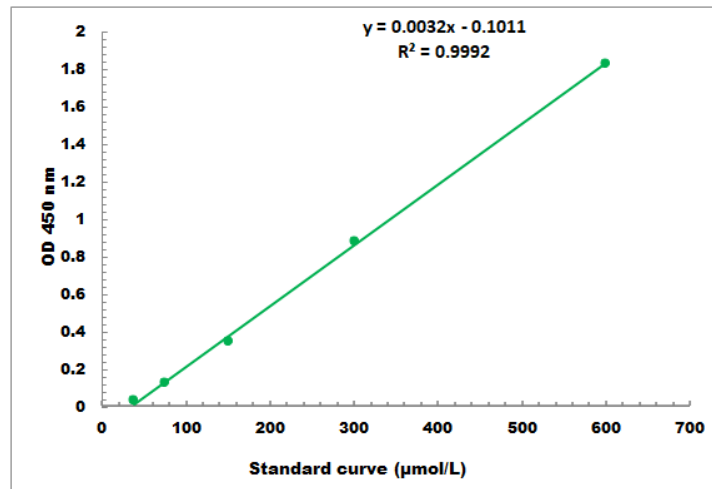
$V_{\text{Sample}}$ : the volume of sample, 0.01 ml;

$V_{\text{Assay}}$ : the volume of Assay buffer, 1 ml;

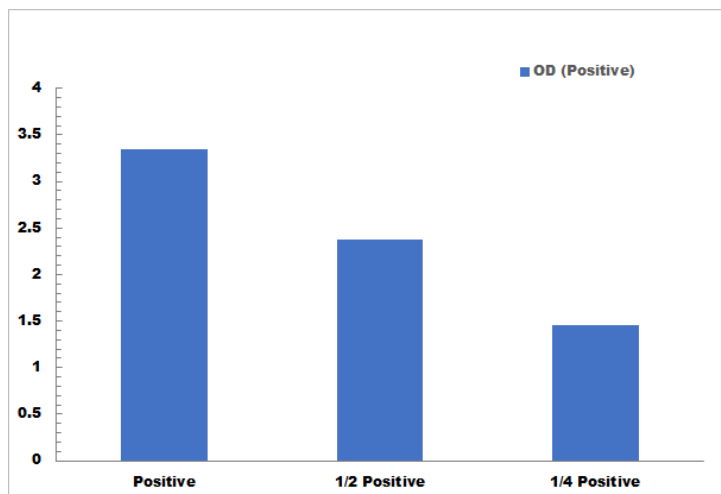
T: the reaction time, 5 minutes.

## VII. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.



Detection Range: 30 µmol/L - 600 µmol/L



Positive Control reaction in 96-well plate assay with decreasing the concentration

## VIII. TECHNICAL SUPPORT

For troubleshooting, information or assistance, please go online to [www.cohesionbio.com](http://www.cohesionbio.com) or contact us at [techsupport@cohesionbio.com](mailto:techsupport@cohesionbio.com)

## IX. NOTES